

EFT Certification Checklist

Your Name: _____

Attend a Live EFT Level 1 *OR* EFT Level 1 & 2 Combined
EFT Level 1

_____	_____	_____
DATE	Trainers Name	City, State
<u>After EFT Level 1: No title awarded, may only apply EFT for personal use only!</u>		

EFT Level 2 (Or Level 1 and 2 Combined)

_____	_____	_____
DATE	Trainers Name	City, State

☐ After EFT Level 2, pass Level 2 exam.

SCORE: _____ (80% = 32/40)

_____	_____
DATE	Trainers Name

Earn the title: *EFT Practitioner Candidate*

☐ Certificate Received: _____
Trainer/Mentor _____ Date _____

Congratulations you are now eligible for mentoring towards certification:

☐ Sign AAMET code of ethics

Date: _____

☐ Prior to offering mentoring trainer & student will sign an agreement of what is required.
(*Licensed therapist may merit exceptions. Agreement will disclose fees and timeline.)

Agreement signed Date: _____ Trainer's Name _____

Tracking requirements:

☐ 50 hours working with at least 25 individuals

Practitioners **Sessions Tracking Form** Accepted on Date: _____

☐ 3 Case Studies (Preferably a combination of live in training, audio & or video. At least one must be accompanied by a written report. *Fees are set by mentor and will be disclosed in your agreement.)

1. Date: _____ Trainer Name _____ Live/ Audio/Video

2. Date: _____ Trainer Name _____ Live/ Audio/Video

3. Date: _____ Trainer Name _____ Live/ Audio/Video

4. Date: _____ Trainer Name _____ Live/ Audio/Video

☐ A Written Report was submitted with study # _____

☐ Completed the min 6 hours private or group mentoring on the application of EFT (*Fees set by mentor)

☐ Completed required reading, DVD studies as determined mentor (*Materials may or may not be included in your fees for mentoring.)

Forms Accepted by Mentor Date: _____

Upon satisfactory completion of the foregoing requirements mentor/trainer may then award the title of:

AAMET EFT Level 2 Practitioner

☐ Certificate Awarded: _____
Trainer/Mentor Date

☐ **EFT Level 3 Training**

DATE Trainers Name City, State

☐ After EFT Level 3, pass Level 3 exam. **SCORE:** _____ **(80% = 32/40)**

DATE Trainers Name

☐ Signed Level 3 Mentoring Terms and Agreements **(Fees and time line will be disclosed therein.)**

Agreement signed Date: _____ Trainer's Name _____

☐ ADDITIONAL 50 client sessions (25 additional individuals)

☐ 30 Hour CPD /year must include a min. 6-12 hours private/group mentoring

CPD Form Accepted by Mentor Date: _____

☐ 3 Additional Case Studies: May include 2 case studies and a practice review

1. Date: _____ Trainer Name _____ Live/ Audio/Video

2. Date: _____ Trainer Name _____ Live/ Audio/Video

3. Date: _____ Trainer Name _____ Live/ Audio/Video

4. Date: _____ Trainer Name _____ Live/ Audio/Video

☐ A Written Report was submitted with study # _____

☐ A practice review was submitted as study # _____

Upon satisfactory completion of the foregoing requirements mentor/trainer may then award the title of:

AAMET EFT Level 3 Advanced Practitioner

☐ Title Awarded: _____
Trainer/Mentor Date