

Jan Luther The EGO Tamer® EFT Master

(010) Session Evaluation Scoring Sheet

Scoring: Up to 10 points possible for each skill

Practitioner Name: _____ **Total Score** _____/75

Date of Session: _____ **Client Name:** _____

Coach/ Mentor Name: _____

Building Bridges: 1 point each for total score _____ of 10 possible

- ☐ Explaining EFT
- ☐ Interviewing Skills
- ☐ Collecting client history
- ☐ Pacing client
- ☐ Clarity of steps and outcomes

Rapport: 1 point each for total score _____ of 10 possible

- ☐ Compassion
- ☐ Humor
- ☐ Patience
- ☐ Flexibility (going with the flow)
- ☐ Mirroring
- ☐ Empathy
- ☐ Eye Contact
- ☐ Personal Warmth
- ☐ Body language
- ☐ Redirecting

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Jan Luther The EGO Tamer® EFT Master**SUDS: 2 points each for a total score of _____ (10 possible)**

- ☐ Being clear what you are rating with the SUDS
- ☐ Getting the SUDs level before you start tapping
- ☐ Clarifying where they feel SUDS in body
- ☐ Getting the SUDs level often during tapping process
- ☐ Testing when client says they are at zero

Skill with Reversals: 2 points each for a total score of _____ (10 possible)

- ☐ Recognizing PR
- ☐ Maintaining rapport (Clients spirit stays open) when approaching a PR belief
- ☐ Ability to “inch” their way to the reframe
- ☐ Use of intuition and insight for reframe
- ☐ Overall success with neutralizing PR

Detective Work: 2 points each for a total score of _____ (10 possible)

- ☐ Reading client’s verbal clues or body language
- ☐ Asking open-ended questions
- ☐ Persistence at getting to the core
- ☐ Finding core issues
- ☐ Checking on bodily sensations for clues – chasing the pain if applicable

Comprehension of client’s issues: 2 points each for a total score of _____ (10 possible)

- ☐ Listening skills
- ☐ Understanding them (what is said and what is not)
- ☐ Ability to resolve issue
- ☐ Intuition about ‘unspoken’ beliefs or fears
- ☐ Life Skill Wisdom and insights offered

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Jan Luther The EGO Tamer® EFT Master**Judgment of technique(s) to use: 2 points each for a total score of _____ (10 possible)**

- ☐ Sneaking up on the pain
- ☐ Tearless Trauma Technique
- ☐ The Movie Technique
- ☐ Other _____
- ☐ Other _____

Miscellaneous: 1 point each for total score _____ (10 possible)

- ☐ Overall communication skills
- ☐ Maintaining focus
- ☐ Humility / teach ability
- ☐ Professionalism
- ☐ Sensitivity to client's needs
- ☐ Overall Skill using EFT techniques
- ☐ Confidence
- ☐ Getting out of their own way
- ☐ Unique gifts/talents brought to the session * share comment below
- ☐ Probability that you would refer this practitioner to one of your clients

Notes: _____

- ☐ Check this box if you have any concerns you would like to discuss with the Mentor in private!

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