

011 Case Study Template

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Practitioner Name: _____

Date: _____ **Client Initials** _____ **Score** _____ **of 25**

1. The client's history and presenting challenge: (2 points)

2. Details of the actual work done in the session: (10 points)
(Phrase or title / SUDS / Reframe phrases/ Retesting/ Techniques used)

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Self-evaluation

Did client sign release form, confidentiality, and/or informed consent? (1 point)

How did you build bridges and rapport at the beginning of the session? (2 point)

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How did you demonstrate *presence* with the client? (2 points)

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Was there a core issue underneath the presenting issue, and, if so, how was that discovered and handled? (5 points)

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Closure: *At the end of the session did you review with the client the presenting issue and how the work was related to it? (1 point)*

Were you content with the effectiveness of this session? (1 point)

What, if anything, would you have done differently, what did you learn? (1 point)