

**Jan Luther The EGO Tamer® EFT Master**  
**(06) Session Evaluation Checklist**

**Rapport**

- Compassion
- Humor
- Reframing
- Mirroring
- Empathy
- Eye Contact
- Personal Warmth
- Body language
- Redirecting

**SUDS**

- Being clear what you are rating with the SUDS
- Getting the SUDs level before you start tapping
- Getting the SUDs level often during tapping process
- Testing when client says they are at zero

**Skill with Reversals**

- Recognizing them
- Neutralization of them

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### **Detective Work**

- Reading client's verbal clues or body language
- Asking open-ended questions
- Finding core issues
- Checking on bodily sensations for clues

### **Comprehension of Client's Issues**

- Listening skills
- Understanding them (what is said and what is not)
- Ability to resolve issue
- Intuition

### **Judgment of what technique(s) to use**

- Sneaking up on the pain
- Tearless Trauma Technique
- The Movie Technique
- Other

### **Miscellaneous**

- Confidence
- Certainty
- Humility
- Professionalism
- Communication with client

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