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Emotional Freedom  
with TLC<sup>3</sup>

**PEER  
MASTERMIND  
CALL  
ORIENTATION**

## Peer Mastermind Call Orientation

Every other month you should schedule a call to discuss your training experiences and materials.

Why not set up your 6 months of peer leadership roles as soon as possible?

Take turns filling in the role of Facilitator and/or Co-Facilitator.

Role:	Month One	Month Two	Month Three
Facilitator Peer Mastermind			
Co-Facilitator (assist & back up if facilitator cannot lead)			

- Feel free to use your 06 Evaluation Summary form when observing DVD's or listening to mp3's of trainings.
- Everyone will call in to the Facilitator's tele-bridge line.
- The Co-Facilitator can call in using the co-host code and help with the dashboard and taking notes.
- I suggest the call be a maximum of 75 minutes long.
- You are free to schedule them on weekends if everyone agrees
- I would LIKE to have a copy of the mp3 sent to me within 48 hours of the call. I will post it on the mentees page for anyone that was unable to attend. If your group decides they would like to only have the call available to your group we will remove it within 10 days of the call.
- You are free to schedule them monthly as long as 5 or more students are participating

### Facilitator/Co-Facilitator:

- Decide who will send out an email reminder at least 24 hours before the call with the date, time and call-in number.
- Remind the attendees of what you will be discussing on the call.
- If you are meeting monthly, you should discuss one DVD *OR* one book on each call. If you decide to meet bi-monthly you may choose to discuss a book and a DVD on the same call.

### Suggested Agenda/Outline:

#### 1. Welcome:10-15 minutes

Each practitioner should take 60-90 seconds to say hello and share celebrations or a challenge or concern if you want to tap on them.

#### 2. Tapping: 10-15 minutes

Once everyone has checked in, the facilitator can start the call with a round or two of tapping (or facilitator can invite one other person to lead tapping).

3. **Discussion: 15-20+ minutes for each topic!** Plan your time accordingly. Keep it positive and look for the good and impressive. If, by chance, you have any negative impressions, feelings or feedback, be very clear about your intentions before sharing them. This is not the time to compete or compare with other practitioners, experts or authors.

Some **suggested questions to consider** for DVD discussion:

- Did the Expert, Author or Master model the basics of EFT?
- What special gift or talent did they bring to the topic?
- What impressed you?
- Did you tap along?
- Did you have an “ah-ha” moment?
- Was there anything that confused you?
- Did you think of a “different door” to go through?
- Do you have questions about how or why they said or did something in the session?
- Have you since tried some of their tips or tactics?
- Is their topic something that you might imagine yourself teaching?

Some **suggested questions to consider** for book discussion:

- Were you inspired by the material?
- Did you find it educational?
- What unique knowledge did this expert have?
- What impressed you?
- Did you have an “ah-ha” moment?
- Was there anything that confused you?
- Have you since tried some of their tips or tools that you learned?
- Is their topic something that you might imagine yourself teaching?

4. **Closing:** Confirm the next Peer Mastermind date, time, facilitator, co-facilitator and call-in number

5. **Email Jan a copy of the mp3** within 48 hours and *be sure to note if your team would like me to remove this recording from the mentee dashboard within 10 days.*

**If you have suggestions, questions or challenges, please POST THEM ON THE MENTEE BLOG so that we can all see and respond to them there.**